Day of Week	Meeting Name	Time	Туре	Location	Address	Access
MONDAYS	Monday Noon	12:00pm-1:00pm	IN-PERSON	Q Center	4115 N. Mississippi Ave. Portland	Seeking Help
	Monday 2pm Zoom	2:00pm-3:00pm	ONLINE	Zoom / Phone	Online Link Available One-Tap Mobile: +16699006833,, 198262101# Dial-Up: 669-900-6833 Meeting ID: 198 262 101 Password: 070059	Seeking Help
	Recovery 101	7:00pm-8:00pm	ONLINE	Zoom / Phone	Online Link Available One-Tap Mobile: +16699006833,, 138414474# Dial-Up: 669-900-6833 Meeting ID: 138 414 474 Password: 807710	Open to Visitors
	Recover Together / Recuperarnos Juntos  A welcoming meeting for both English & Spanish speakers	7:00pm-8:00pm	IN-PERSON	First Congregational Church of Hillsboro	494 E. Main Street, Hillsboro  Entrance is in rear of parking lot on SE 5th between SE Washington & Main	Seeking Help  English/Spanish If you want to help, contact Laura T: lemoi50@gmail.com

Day of Week	Meeting Name	Time	Туре	Location	Address	Access
TUESDAYS	Tuesday Noon	12:00pm-1:00pm	IN-PERSON	Q Center	4115 N. Mississippi Ave. Portland	Seeking Help
	Tuesday 2pm Zoom	2:00pm-3:00pm	ONLINE	Zoom / Phone	Online Link Available One-Tap Mobile: +16699006833,, 198262101# Dial-Up: 669-900-6833 Meeting ID: 198 262 101 Password: 070059	Seeking Help
	Tabor Tuesdays	6:10pm-7:10pm	ONLINE	Zoom / Phone	Online Link Available Dial-Up: 669-900-6833 Meeting ID: 881 2516 8806 Password: 121212	Seeking Help
	360s SAA	7:00pm-8:00pm	ONLINE	Zoom / Phone	Online Link Available One-Tap Mobile: +16699006833,, 509785650# Dial-Up: 669-900-6833 Meeting ID: 509 785 650 Password: 458459	Seeking Help
	The Steps We Took	7:00pm-8:00pm	PHONE	Phone	Dial-Up: 605-475-4122, 605-475-2875, 712-832-8330, 605-475-4120, Meeting ID: 5666338#	Open to Visitors

Day of Week	Meeting Name	Time	Туре	Location	Address	Access
WEDNESDAYS	Wednesday Noon	12:00pm-1:00pm	IN-PERSON	Q Center	4115 N Mississippi Ave. Portland	Seeking Help
	Wednesday 2pm Zoom	2:00pm-3:00pm	ONLINE	Zoom / Phone	Online Link Available One-Tap Mobile: +16699006833,, 198262101# Dial-Up: 669-900-6833 Meeting ID: 198 262 101 Password: 070059	Seeking Help
	Wednesday Evening Beaverton	6:30pm-7:30pm	IN-PERSON	Unity of Beaverton Church	12650 SW 5th Street (at Angel) Beaverton	Seeking Help
	Wednesday Evening Beaverton (Phone/Zoom)	6:30pm-7:30pm	ONLINE	Zoom / Phone	Online Link Available One-Tap Mobile: +16694449171,, 88445055664# ,,,,*337943# US Dial-Up: (669)444-9171 Meeting ID: 884 4505 5664 Passcode: 337943	Seeking Help
	LGBTQI & Women's Meeting	7:00pm-8:00pm	ONLINE	Zoom / Phone	Online Link Available Dial-Up: 669-900-6833 Meeting ID: 863 5849 1296 Passcode: 559655	Seeking Help

Day of Week	Meeting Name	Time	Туре	Location	Address	Access
THURSDAYS	Thursday Noon	12:00pm-1:00pm	IN-PERSON	Q Center	4115 N Mississippi Ave. Portland	Seeking Help
	Thursday Westside Noon	12:00pm-1:00pm	ONLINE	Zoom / Phone	Online Link Available One-Tap Mobile:+16699006833,, 81930166424,, 811645# Dial-Up: 669-900-6833 Meeting ID: 819 3016 6424 Password: 811645	Seeking Help
	Thursday 2pm Zoom	2:00pm-3:00pm	ONLINE	Zoom / Phone	Online Link Available One-Tap Mobile:+16699006833,, 198262101# Dial-Up: 669-900-6833 Meeting ID: 198 262 101 Password: 070059	Seeking Help
	Tabor Thursdays	6:10pm-7:10pm	IN-PERSON	Mount Tabor Presbyterian Church	5441 SE Belmont Street Portland	Seeking Help
	Thursday Group	6:45pm-7:45pm	IN-PERSON	Alano Club (SE Room)	909 NW 24th Avenue (at Kearney) Portland	Seeking Help
	Thursday Vancouver 360	7:00pm-8:00pm	IN-PERSON	Vancouver Heights United Methodist Church	5701 MacCarthur Blvd. Vancouver	Seeking Help

Day of Week	Meeting Name	Time	Туре	Location	Address	Access
FRIDAYS	Friday Noon	12:00pm-1:00pm	IN-PERSON	Q Center	4115 N Mississippi Ave. Portland	Seeking Help
	Friday 2pm Zoom	2:00pm-3:00pm	ONLINE	Zoom / Phone	Online Link Available One-Tap Mobile: +16699006833,, 198262101# Dial-Up: 669-900-6833 Meeting ID: 198 262 101 Password: 070059	Seeking Help
	The Friday Night Meeting	6:30pm-7:45pm	ONLINE	Zoom / Phone	Online Link Available One-Tap Mobile: +16699006833,, 626514663# Dial-Up: 669-900-6833 Meeting ID: 626 514 663 Password: 181598	Open to Visitors
	Friday Night LATE Meeting NEW MEETING	10:00pm–11:00pm	ONLINE	Zoom / Phone	Online Link Available One-Tap Mobile: +12532158782,, 81406396469#,,,,*1212# Dial-Up: 253-215-8782 Meeting ID: 814 0639 6469 Password: 1212	Open to Visitors

Day of Week	Meeting Name	Time	Туре	Location	Address	Access
SATURDAYS	Touchstone Meeting	9:30am-11:00am	IN-PERSON	Alano Club (Clock Room)	909 NW 24th Avenue (at Kearney)	Seeking Help
	Touchstone Meeting (Phone)	9:30am-11:00am	PHONE	Phone	One-Tap Mobile: +16699006833,, 83014306826#,,,,*1212# Dial-Up: (253) 215-8782 Meeting ID: 830 1430 6826 Passcode: 1212	Seeking Help
SUNDAYS	SAA Book Step Study Meeting	1:00pm-2:00pm	IN-PERSON	Lincoln Street Methodist Church (Basement)	5145 SE Lincoln Street (at SE 52nd Ave) Use door facing Lincoln	Seeking Help
	SAA Zoom Sunday Step Study	1:00pm-2:00pm	ONLINE	Zoom / Phone	Dial-in: 669-900-6833 Meeting ID: 891 5765 1866 Password: 760594	Seeking Help
	Men-Only Meeting — Steps Into Action — SAAPPG Big Book Study	5:00pm-6:00pm	IN-PERSON	Alano Club (Board Room)	909 NW 24th Avenue (at Kearney)	Open to Visitors
	Men-Only Meeting — Steps Into Action — SAAPPG Big Book Study (Phone/Zoom)	5:00pm-6:00pm	ONLINE	Zoom / Phone	Dial-Up: +13462487799 Dial-Up Password: 836591  Meeting ID: 829 7162 9914 Passcode: xs11Aw	Open to Visitors

Day of Week	Meeting Name	Time	Туре	Location	Address	Access
SUNDAYS (cont'd)	Sunday Helping Health Professionals	6:30pm-7:30pm	PRIVATE	(confidential)	(confidential)	For Those with Confidentiality Issues  Contact our email at: pdxhelpinghealth professionals @gmail.com
	Sunday Evening Beaverton	6:30pm-7:30pm	IN-PERSON	Unity of Beaverton Church (Youth Ed Building)	12650 SW 5th Street, Beaverton (at Angel)	Seeking Help
	Sunday Evening Beaverton (Phone/Zoom)	6:30pm-7:30pm	ONLINE	Zoom / Phone	Online Link Available One-Tap Mobile: +16694449171,, 88445055664#,,,, *337943# US Dial-Up: (669)444-9171 Meeting ID: 884 4505 5664 Passcode: 337943	Seeking Help
	Sunday Evening Portland Eastside	7:00pm-8:00pm	IN-PERSON	Trinity United Methodist Church (Memorial Room)	3915 SE Steele Street Enter from parking lot	Seeking Help
	Sunday Evening Portland Eastside (Phone/Zoom)	7:00pm-8:00pm	ONLINE	Zoom / Phone	Online Link Available Dial-up: 669-900-6833 Meeting ID: 879 0359 0128 Password: 068287	Open to Visitors

Day of Week	Meeting Name	Time	Туре	Location	Address	Access
MONTHLY	2nd Saturday Speaker Meeting	11:30am-1:00pm 2nd Saturday of each month	ONLINE	Zoom / Phone	Online Link Available Dial-Up: 669-900-6833 Meeting ID: 824 1604 7651 Password: 897306	Open to Visitors
	Portland Area Intergroup (Business Meeting)	11:30am-1:00pm  3rd Saturday of each month	ONLINE	Zoom / Phone	Online Link Available Dial-Up: 669-900-6833 Meeting ID: 982 861 853 Password: 930422	Seeking Help