

Partners Welcome!

SAA SPECIAL EVENT

Intimacy Avoidance

What IS intimacy avoidance and how does it relate to my sex addiction or co-dependance?

Saturday, March 23, 2024 | 2:00 - 5:00pm



**Our event will be held
in the Dining Hall of
Taborspace
5441 SE Belmont St.
Portland, OR 97215**

**Discover how
Intimacy Avoidance
affects our lives and
relationships**

**For More Info Visit
PortlandSAA.org**

While Intimacy Avoidance has been on the plate of our recovery program for years, many of us have not explored what it means. As we've worked our programs, we've become vaguely aware of difficulties in being intimate with our partners, our families, our friends and fellows, but we have not defined for ourselves what that looks like or how it affects our lives. We may have breezed through a brochure or two, but we still struggle to find ways to define it or move the topic into our own recovery.

Here's our chance to take a deeper dive into Intimacy Avoidance together, to explore specific behaviors that point to new places that may deepen our recovery, and to hear from people who have been questioning and working on it in their own programs.

1. We'll look at defining Intimacy Avoidance.
2. We'll have a panel who will discuss their own awakening and work on Intimacy Avoidance.
3. We'll do a preliminary First Step in Intimacy in small groups with guiding questions.
4. We'll see if there is interest in an ongoing Zoom meeting to further explore Intimacy Avoidance.
5. We'll enjoy fellowship with partners and friends in the beautiful Dining Hall at Taborspace.

Laura T will introduce and emcee. Liisa D and Ed I will share their journeys. Richard I will bring snacks!

This is an open meeting of Sex Addicts Anonymous. Partners are encouraged to attend. Participants must 18+ years old. The only requirement for membership in Sex Addicts Anonymous is a desire to stop compulsive sexual behavior.